



Wellness Activities

Teranka
FORMENTERA

Wellness Activities

JULY - AUGUST WEEKLY CALENDAR

MON 27TH	Pilates	09:00
	Yoga	19:00

TUE 28TH	Grounding beach walk	09:00
	Watercolours class with a local artist	19:00

WED 29TH	Pilates	09:00
	Formentera nature-inspired pottery	19:00

THU 30TH	GAP	09:00
	Yoga	19:00

FRI 31ST	Yoga	09:00
	Formentera nature-inspired pottery	19:00

SAT 1ST	Yoga hips don't lie with Alizée	09:00
	Formentera nature-inspired pottery	19:00

SUN 2ND	Yoga open heart practice with Alizée	09:00
	Sound bath meditation	19:00



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Complimentary for hotel guests · 40 EUROS per activity per visitor.

Booking required as spots are limited. Please call our Front Office Team (+34) 871 87 30 30, dial 9 from your room or email info@teranka.com.

We ask that you please be on time. Those arriving late will not be permitted to enter.

TERANKA FORMENTERA

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