



Wellness Activities

Teranka
FORMENTERA

Wellness Activities

WEEKLY CALENDAR

MON	Pilates	09:00	FRI	Yoga	09:00
	Yoga	19:00		Formentera nature-inspired pottery	19:00
TUE	Grounding beach walk	09:00	SAT	Pilates	09:00
	Watercolours class with a local artist	19:00		Formentera nature-inspired pottery	19:00
WED	Pilates	09:00	SUN	Yoga	09:00
	Formentera nature-inspired pottery	19:00		Sound bath meditation	19:00
THU	GAP	09:00			
	Yoga	19:00			



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Complimentary for hotel guests · 40 EUROS per activity per visitor.

Booking required as spots are limited. Please call our Front Office Team (+34) 871 87 30 30, dial 9 from your room or email info@teranka.com.

We ask that you please be on time. Those arriving late will not be permitted to enter.

TERANKA FORMENTERA

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