



*Essence of Flow*  
**Guest Luminaries**

BUZZ LAMBERT • MASTER-BODYWORKER

31<sup>ST</sup> MAY & 1<sup>ST</sup> JUNE | 10 AM - 9 PM

MATTI MÄHL • ICE BATHING & NATURE GUIDE

1<sup>ST</sup> JUNE | 10-11 AM & 2<sup>ND</sup> JUNE | 12-2 PM

ANDRÉ COSTA • KICK-BOXING INSTRUCTOR & PERSONAL TRAINER

14<sup>TH</sup> & 15<sup>TH</sup> JUNE | 9 AM - 6 PM

LIJA KRUUS • KOBIDO FACIALIST

28<sup>TH</sup> JUNE | 2-8 PM & 29<sup>TH</sup> JUNE | 10 AM - 4 PM

**To book: +34 871 87 30 30**