

WELLNESS

DEEP-TISSUE

Deep tissue massage combining several techniques including sports massage, pressure points and stretching, giving a feeling of deep relaxation and freedom from accumulated tension.

50min, 165 €

1h 30min, 225 €

RELAXING MASSAGE

We invite the body to reconnect with essential natural rhythms: bringing our heart rate and breathing back into balance.

50min, 150 €

1h 30min, 210 €

BALINESE MASSAGE

This traditional balinese massage is a combination of soft movements, pressure and essential oils. The activation of Chi (vital energy) creates union between body, mind and spirit.

50min, 165 €

1h 30min, 225 €

KANSO SHIROCHAMPI MASSAGE

An Ayurvedic massage focused on feet and head using ancient techniques of marma therapy points. Reconnect and be in the moment.

50min, 165 €

1h 30min, 225 €

LYMPHATIC DRAINAGE

A mesoteraphic technique which involves deep cleansing of the lymphatic system.

50min, 150 €

1h 30min, 210 €

REFLEXOLOGY MASSAGE

Our feet are a reflection of each of our body's organs and using hand massage on pressure points, we release tension and guiding them to healthy wellness and harmony.

50min, 125 €